

F1PEP019W

**Parent Workshop 2** 

# Whole Person Development – Promoting the Social and Emotional Well-being of Your Gifted Children

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## **Intended Learning Outcomes**

Upon completion of this workshop, parents should be able to gain the skills to:

- 1. identify and address social and emotional challenges faced by gifted children;
- 2. cultivate resilience and enhance social and emotional well-being; &
- 3. foster practices that support overall social and emotional development.



Introduction

This academic year, we will explore six aspects of well-being through student talks: physical, social, and emotional, spiritual, intellectual, career and community. In parent talks and workshops, we will focus on your child's physical, social and emotional well-being. In this workshop, the facilitator, Miss Tinsley DU, will incorporate the content from " Parent Seminar 2: Whole Person Development - Understanding the Social and Emotional Well-being of Your Gifted Children" and share strategies with parents, including how to identify and address socialemotional challenges faced by gifted children; cultivate resilience and enhance social-emotional well-being; and foster practices that support overall social and emotional development. This will enable parents to effectively guide your gifted children through their whole-person development journey to enhance their sense of social and emotional well-being.

#### **Schedule**

Session	Date		Time	Venue
1	27 May 2025	Tuesday	6:30 pm – 9:00 pm	HKAGE Room 303

#### **Profiles of Facilitator**

Miss Tinsley Du obtained a master's degree of social sciences in counselling psychology from the Hong Kong Shue Yan University, and she is a Registered Counselling Psychologist of The Hong Kong Psychological Society Limited (HKPS). Tinsley worked as Counsellor in local schools and as Service Officer and Counselling Psychologist in NGO. She supported students with various psychological and educational needs, and offered counselling, psychotherapy, whole person development service for them. She also offered counselling, psychotherapy, and conducted talks and workshops for parents, teachers, and the public of different ages including children, teenagers, and adults.

# **Target Participants**

- Parents of HKAGE student members
- Class size: 35
- \* First-come-first-served.

# **Medium of Instruction**

Cantonese

## **Pre-requisite**

- No special prerequisites are needed
- **Administration Fee** 
  - Nil



