



Parent Advanced Learning Programme 2024/25 Session 3:  
**Gifted Teen Tech Use: The  
Neuropsychology and Clinical Psychiatry  
Perspectives**

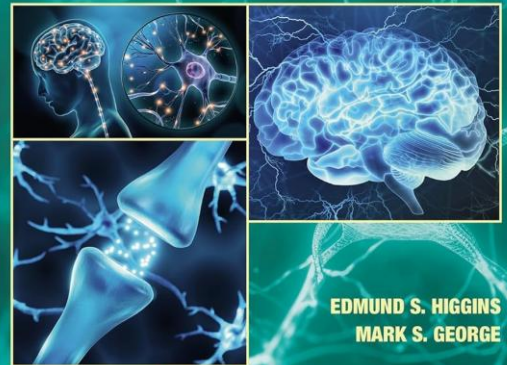
Dr Richard Kai Cheung LAU  
HKAGE, Clinical Psychologist



**The Neuroscience  
of Clinical Psychiatry**

*The Pathophysiology of  
Behavior and Mental Illness*

Fourth Edition



EDMUND S. HIGGINS  
MARK S. GEORGE

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**Deadline is on 16 April 2025  
(Wed) 12:00 noon**

**Intended Learning Outcomes**

After completing this session, parents should be able to:

1. understand the neuropsychology and clinical psychiatry perspectives of gifted teen device use;
2. access counselling or consultation services provided by HKAGE's professional psychologists;
3. build positive relationships with their children using appropriate methods; and
4. build a network with parents of gifted children and support each other.



## ◆ Introduction

Our previous "Parent Support Group Programme" is upgraded to the "Parent Advanced Learning Programme" from this school year 2024-2025, and open to all parents of student members. As this programme may involve concepts and knowledge from neuropsychology, psychopathology, counseling, or clinical psychology, we recommend (but do not require) that parents have some foundational knowledge in behavioral science, child or adolescent psychology, or parenting (e.g., parents who have attended our "1+1 Parent-Child Group Program," "Parent Training Program," or other relevant programs) before considering enrollment.

Designed and led by our clinical psychologist and Counseling Advisor (Counseling Psychologist), this advanced workshop offers in-depth support group sessions specifically for parents of gifted students, with each session held quarterly. Each session will provide group consultations or counseling, allowing parents to grasp specialized knowledge and connect with and support one another. This workshop will explain the reasons of excessive use of electronic devices in aspects of neuropsychology and clinical psychiatry, signs of problematic device use, practical parenting strategies for health tech habits, and communication skills for tech-related discussions.

## ◆ Profiles of Speaker

Dr. Richard LAU obtained an Honours Bachelor's degree in Psychology in the UK, an Honours Master's degree in Clinical Psychology in Australia, a Postgraduate Diploma in Clinical Psychiatry in the UK, a PhD in Clinical Psychology in the US, and a PhD in Counselling in Australia, and he is pursuing a Master of Science degree in Clinical Psychiatry in the UK. He is a Clinical Psychologist in the accredited register in Hong Kong (Department of Health), an Associate Fellow and Registered Clinical Psychologist of the Hong Kong Psychological Society, a Full Member of the Hong Kong Clinical Psychologists Association, an Associate Fellow of the Hong Kong Professional Counseling Association, a Registered Clinical Supervisor and Registered Counsellor of the Asian Professional Counseling & Psychology Association, a Certified Clinical Hypnotherapist of the Professional Board of Hypnotherapy, Inc., an Academic Member of the College of Clinical Psychologists of the Australian Psychological Society, and a Full Member of the Australian Psychological Society.

Dr. LAU worked as a Senior Clinical Psychologist and the Director of Psychological Services in non-governmental organizations and private psychology centers for approximately ten years, during which time he developed numerous training programs for gifted individuals and their parents. Over the past eighteen years, he has held teaching positions at various universities, including Senior Lecturer in the Department of Special Education and Counseling, Faculty of Education and Human Development at The Education University of Hong Kong; Assistant Professor at the Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong; Assistant Professor in the Department of Counseling and Psychology, Faculty of Social Sciences, Hong Kong Shue Yan University; and Visiting Professor at the Faculty of Social Sciences and Education, University of Saint Joseph (current name). Through his university teaching, Dr. LAU has delivered numerous courses related to teaching and counselling students with special educational needs, including gifted students. He has also trained a significant number of professional teachers, counsellors, and social workers in methods for teaching, counselling, and supporting gifted students and their families.



## ◆ Schedule

Session	Date		Time	Venue
3	23 April 2025	Wednesday	6:45 pm – 8:15 pm	HKAGE, Room 303

## ◆ Target Participants

This programme is open to parents who meet any of the following criteria:

- Parents of HKAGE student members.
- Completed our "Parent Training Programme."
- Completed our "1+1 Parent-Child Programme" or "Be-together Parent-Child Programme" during or after the 2021-2022 academic year.

Class size: 40

\* First-come-first-served.

## ◆ Pre-requisite

While not required, some familiarity with behavioral science, psychology, and parenting concepts is recommended.

## ◆ Medium of Instruction

Cantonese

## ◆ Administration Fee

- Nil