



Parent Seminar 2

Whole Person Development – Understanding the Social and Emotional Well-being of Your Gifted Children

Dr Richard Kai-Cheung LAU

Clinical Psychologist, HKAGE



[Application Here](#)

**Deadline is on 17 January
2025 (Wed) 12:00 noon**

Intended Learning Outcomes

Upon completion of the talk, parents should be able to understand:

1. factors that can negatively impact the social and emotional well-being of their gifted children,
2. the impact of those factors on their gifted children's overall development,
3. effective strategies to address those challenges and to cultivate a stronger social-emotional well-being and resilience, and
4. how to apply the strategies to support their gifted children's social and emotional well-being and development



◆ Introduction of the Talk

Promoting well-being is paramount to the holistic development of gifted students. This academic year, we will explore and explain six aspects of well-being: physical, social-emotional, spiritual, intellectual, vocational, and community.

In this talk, the speaker will delve into social-emotional well-being, offering practical solutions and strategies for growth. Based on experiences from our Consultation and Assessment Centre, our speaker will analyze factors affecting gifted students' well-being. You'll learn effective strategies to navigate challenges and build your children's resilience. The talk concludes with a Q&A session for personalized advice.

◆ Schedule

Date	Time	Venue
22 January 2025 (Wednesday)	6:30 p.m. – 8:30 p.m.	Zoom Meeting

* The Zoom Meeting ID and passcode will be sent to student members by email before the talk.

◆ Profile of the Speaker

Dr. Richard LAU obtained an Honours Bachelor's degree in Psychology in the UK, a Postgraduate Diploma in Clinical Psychiatry in the UK, an Honours Master's degree in Clinical Psychology in Australia, a PhD in Clinical Psychology in the US, and a PhD in Counseling in Australia, and he is pursuing a Master of Science degree in Clinical Psychiatry in the UK. He is a Clinical Psychologist in the accredited register in Hong Kong (Department of Health), an Associate Fellow and Registered Clinical Psychologist of the Hong Kong Psychological Society, a Full Member of the Hong Kong Clinical Psychologists Association, an Associate Fellow of the Hong Kong Professional Counseling Association, a Registered Clinical Supervisor of the Asian Professional Counseling & Psychology Association, a Certified Clinical Hypnotherapist of the Professional Board of Hypnotherapy, Inc., an Academic Member of the College of Clinical Psychologists of the Australian Psychological Society, and a Full Member of the Australian Psychological Society.



◆ Profile of the Speaker

Dr. LAU worked as a Senior Clinical Psychologist or Director of Psychological Services in non-governmental organizations and private psychology centers for approximately ten years, during which time he developed numerous training programs for gifted individuals and their parents. Over the past eighteen years, he has held teaching positions at various universities, including Senior Lecturer in the Department of Special Education and Counseling, Faculty of Education and Human Development at The Education University of Hong Kong; Assistant Professor at the Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong; Assistant Professor in the Department of Counseling and Psychology, Faculty of Social Sciences, Hong Kong Shue Yan University; and Visiting Professor at the Faculty of Social Sciences and Education, University of Saint Joseph (current name). Through his university teaching, Dr. LAU has delivered numerous courses related to teaching and counseling students with special educational needs, including gifted students. He has also trained a significant number of professional teachers, counselors, and social workers in methods for teaching, counseling, and supporting gifted students and their families.

◆ Target Participants

- Parents of Students with Gifted Characteristics (Priority will be given to parents of HKAGE student members)
- Class size: 80
- * First-come-first-served.

◆ Pre-requisite

No special prerequisites are needed

◆ Medium of Instruction

Cantonese

◆ Administration Fee

- Nil