



Parent Advanced Learning Programme 2024/25 Session 2:

Managing Children's Challenging Behaviours

Ms Tinsley DU

HKAGE, Counselling Advisor



[**Application Here**](#)

**Deadline is on 8 January
2025 (Wed) 12:00 noon**

Intended Learning Outcomes

After completing this session, parents should be able to:

- Understand how to manage children's challenging behaviors (e.g., tantrums, aggression, lying,).
- Access counselling or consultation services provided by HKAGE's professional psychologists.
- Build positive relationships with their children using appropriate methods.
- Build a network with parents of gifted children and support each other.



◆ Introduction

Our previous "Parent Support Group Programme" has been upgraded to the "Parent Advanced Learning Programme" starting from the 2024-2025 school year and is open to all parents of student members. As this programme may involve concepts and knowledge from neuropsychology, psychopathology, counselling, or clinical psychology, we recommend (but do not require) that parents have some foundational knowledge in behavioural science, child or adolescent psychology, or parenting (e.g., parents who have attended our "1+1 Parent-Child Group Programme," "Parent Training Programme," or other relevant programmes) before considering enrollment.

Designed and led by our clinical psychologist and Counseling Advisor (Counselling Psychologist), this advanced workshop offers in-depth support group sessions specifically for parents of gifted students, with each session held quarterly. Each session will provide group consultations or counselling, allowing parents to grasp specialised knowledge and connect with and support one another. This workshop will introduce several key relationships between brain development and adolescent behaviour, such as risk-taking and impulsive behaviours, emotional sensitivity and reactivity, sensitivity to social rewards and acceptance, and identity formation.

◆ Profiles of Speaker

Miss Tinsley Du is a Registered Counselling Psychologist of The Hong Kong Psychological Society Limited (HKPS), provides counselling and psychotherapy. She also conducts workshops and talks for parents, teachers, and individuals of all ages, addressing various psychological and educational needs.

◆ Schedule

Session	Date		Time	Venue
1	15 January 2025	Wednesday	6:45 pm – 8:15 pm	HKAGE, Room 303

◆ Target Participants

This programme is open to parents who meet any of the following criteria:

- Parents of HKAGE student members.
- Completed our "Parent Training Programme."
- Completed our "1+1 Parent-Child Programme" or "Be-together Parent-Child Programme" during or after the 2021-2022 academic year.
- Class size: 40

* First-come-first-served.

◆ Pre-requisite

While not required, some familiarity with behavioural science, psychology, and parenting concepts is recommended.

◆ Medium of Instruction

Cantonese

◆ Administration Fee

- Nil