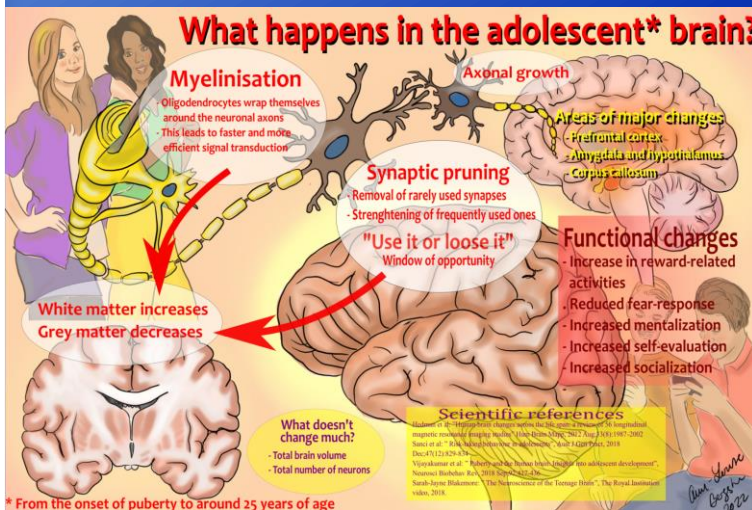




Parent Advanced Learning Programme 2024/25 Session 1:

Decoding the Adolescent Mind: The Link Between Brain and Behaviours

Dr Richard Kai Cheung LAU
HKAGE, Clinical Psychologist



Application Here

Deadline is on **23 October 2024 (Wed) 12:00 noon**

Intended Learning Outcomes

After completing this session, parents should be able to:

- Understand the relationship between brain development and adolescent behaviours.
- Access counselling or consultation services provided by HKAGE's professional psychologists.
- Build positive relationships with their children using appropriate methods.
- Build a network with parents of gifted children and support each other.



◆ Introduction

Our previous "Parent Support Group Programme" has been upgraded to the "Parent Advanced Learning Programme" starting from the 2024-2025 school year and is open to all parents of student members. As this programme may involve concepts and knowledge from neuropsychology, psychopathology, counselling, or clinical psychology, we recommend (but do not require) that parents have some foundational knowledge in behavioural science, child or adolescent psychology, or parenting (e.g., parents who have attended our "1+1 Parent-Child Group Programme," "Parent Training Programme," or other relevant programmes) before considering enrollment.

Designed and led by our clinical psychologist and Counseling Advisor (Counseling Psychologist), this advanced workshop offers in-depth support group sessions specifically for parents of gifted students, with each session held quarterly. Each session will provide group consultations or counselling, allowing parents to grasp specialised knowledge and connect with and support one another. This workshop will introduce several key relationships between brain development and adolescent behaviour, such as risk-taking and impulsive behaviours, emotional sensitivity and reactivity, sensitivity to social rewards and acceptance, and identity formation.

◆ Profiles of Speaker

Dr. Richard LAU's Qualifications:

- Multiple degrees in Psychology, Clinical Psychology, and Counseling from UK, Australia, and US
- Pursuing MSc in Clinical Psychiatry (UK)

Professional Memberships:

- Registered Clinical Psychologist in Hong Kong
- Member of various psychological and counseling associations in Hong Kong and Australia

Experience:

- 10+ years as Senior Clinical Psychologist/Director in NGOs and private centers
- 18+ years in academia, including positions at:
 - The Education University of Hong Kong
 - The Chinese University of Hong Kong
 - Hong Kong Shue Yan University
 - University of Saint Joseph

Specialisations:

- Developed training programs for gifted individuals and their parents
- Extensive teaching and training in special education needs, focusing on gifted students
- Trained professionals in supporting gifted students and their families



◆ Schedule

Session	Date		Time	Venue
1	30 October 2024	Wednesday	6:45 pm – 8:15 pm	HKAGE, Room 303

◆ Target Participants

This program is open to parents who meet any of the following criteria:

- Parents of HKAGE student members.
- Completed our "Parent Training Programme."
- Completed our "1+1 Parent-Child Programme" or "Be-together Parent-Child Programme" during or after the 2021-2022 academic year.

Class size: 40

* First-come-first-served.

◆ Pre-requisite

While not required, some familiarity with behavioral science, psychology, and parenting concepts is recommended.

◆ Medium of Instruction

Cantonese

◆ Administration Fee

- Nil