



Parent Workshop 1

Whole Person Development – Promote the Psychological Well-being of Your Children

Miss Tinsley Du
Counselling Advisor, HKAGE



[Application Here](#)

**Deadline is on 16 January
2024 (Tue) 12:00 noon**

Intended Learning Outcomes

Upon completion of this seminar, parents should be able to acquire skills to:

1. reduce the risk factors of gifted students' psychological well-being;
2. promote psychological well-being of gifted students; and
3. improve the psychological disorders of gifted students.



◆ Introduction

Attaining a good academic performance or fulfilling the talents may be a good achievement for gifted students. The same, if not more important, is to maintain a good psychological well-being in the development of gifted students. Miss Tinsley Du, the facilitator of this workshop, will incorporate elements from the Parent Seminar 1: Understand the Psychological Well-being of Your Children, to share strategies with parents, including the strategies to reduce the risk factors of gifted students' psychological well-being, promote the psychological well-being of gifted student, and improve the psychological disorder of gifted students. This will enable parents to guide their gifted children effectively in enhancing their children's psychological well-being throughout their whole person development journey.

◆ Schedule

Session	Date		Time	Venue
1	23 January 2024	Tuesday	6:30 pm – 9:00 pm	HKAGE Room 303

◆ Profiles of Facilitator

Miss Tinsley Du obtained a master's degree of social sciences in counselling psychology from the Hong Kong Shue Yan University, and she is a Registered Counselling Psychologist of The Hong Kong Psychological Society Limited (HKPS). Tinsley worked as Counsellor in local schools and as Service Officer and Counselling Psychologist in NGO. She supported students with various psychological and educational needs, and offered counselling, psychotherapy, whole person development service for them. She also offered counselling, psychotherapy, and conducted talks and workshops for parents, teachers, and the public of different ages including children, teenagers, and adults.

◆ Target Participants

- Parents of HKAGE student members
 - Class size: 30
- * First-come-first-served.

◆ Medium of Instruction

- Cantonese

◆ Pre-requisite

- No special prerequisites are needed

◆ Administration Fee

- Nil