



Parent Seminar 1

Whole Person Development – Understand the Psychological Well- being of Your Children

Dr LAU Kai Cheung Richard

Clinical Psychologist, Hong Kong Academy for Gifted Education



[Application Here](#)

**Deadline is on 2 January
2024 (Tue) 12:00 noon**

Intended Learning Outcomes

Upon completion of this seminar, parents should be able to:

1. understand the concepts of psychological well-being;
2. understand the risk factors of gifted students' psychological well-being;
3. understand the indicators of psychological well-being and disorders; and
4. learn how to promote psychological well-being and improve the psychological disorders of gifted students.



◆ Introduction

Attaining a good academic performance or fulfilling the talents may be a good achievement for gifted students. The same, if not more important, is to maintain a good psychological well-being in the development of gifted students. Dr Richard Lau, the speaker of this seminar, will explain to parents the concepts and risk factors of psychological well-being, indicators of psychological well-being and psychological disorders, and how gifted students can promote their psychological well-being and improve their psychological disorders. There will be a Q&A session during the seminar.

◆ Schedule

Session	Date	Time	Venue
1	9 January 2024	Tuesday 6:30 pm – 8:30 pm	Zoom Meeting

* The Zoom Meeting ID and passcode will be sent to parents by email two days before the seminar.

◆ Profiles of Speaker

Dr Richard LAU obtained an honour bachelor's degree in psychology in the UK, an honour master's degree in clinical psychology in Australia, a PhD in clinical psychology in the US, and a PhD in counselling in Australia. He is a clinical psychologist in the accredited register in Hong Kong (Department of Health), an associate fellow and registered clinical psychologist of the Hong Kong Psychological Society, a full member of the Hong Kong Clinical Psychologists Association, an associate fellow of the Hong Kong Professional Counselling Association, a registered clinical supervisor of the Asian Professional Counselling & Psychology Association, a certified clinical hypnotherapist of the Professional Board of Hypnotherapy, Inc., an academic member of the College of Clinical Psychologists of the Australian Psychological Society, and a full member of the Australian Psychological Society.

Dr LAU worked as a senior clinical psychologist or a director of psychological services in non-government organisations or private psychology centres for about ten years, and he developed many training programmes for the gifted population and their parents. Over the last seventeen years, he taught at various universities, e.g., a senior lecturer at the Department of Special Education and Counselling, Faculty of Education and Human Development in The Education University of Hong Kong; an assistant professor at the Nethersole School of Nursing, Faculty of Medicine of the Chinese University of Hong Kong; an assistant professor at the Department of Counselling and Psychology, Faculty of Social Sciences of the Hong Kong Shue Yan University; and a visiting professor at the Faculty of Social Sciences and Education of the University of Saint Joseph (current name). Through Dr LAU's teaching work in these universities, he delivered many courses related to teaching or counselling students with special educational needs, including gifted students. He also trained numerous professional teachers, counsellors and social workers in teaching, counselling, and helping gifted students and their parents.

◆ Target Participants

- Parents of Students with Gifted Characteristics
 - Class size: 290
- * First-come-first-served.

◆ Medium of Instruction

- Cantonese

◆ Pre-requisite

- No special prerequisites are needed

◆ Administration Fee

- Nil