



F1PCG001C2

(Token- required)

Course/ Introductory Level

'Be Together' Parent-child Group

Dr LAU Kai Cheung Richard, Clinical Psychologist, HKAGE
Programme Officer, HKAGE



Application Deadline

~~11 May 2023~~

14 July 2023

12:00 n.n

Intended Learning Outcomes

Upon completion of the programme, student members should be able to:

1. implement creative problem-solving skills to deal with own's problems;
2. face the daily life challenges by thinking outside of the box and challenging oneself;
3. learn to appreciate and accept gifted characteristics through the collaboration with peers; and
4. consolidate what you have learnt through the demonstration of project results.

Upon completion of the programme, parents should be able to:

1. utilize creative problem-solving skills to deal with daily life problems;
2. improve creativity and face challenges in different ways;
3. appreciate and accept the uniqueness of children; and
4. describe the learning of creative problem-solving of their children through the demonstration of project results.



◆ Introduction

'Be Together' Parent-child Group is a parent-child programme for gifted students and their parents. The programme design is based on the Creative Problem Solving (CPS) model and infused affective elements such as parent-child communication, self-understanding and peer learning in an interactive learning environment. Through this programme parents and children can enhance their creative problem-solving skills, make innovations and achieve breakthroughs. Children and their peers also have opportunities to communicate, collaborate and share their achievements through a range of activities. They will learn to appreciate each other and enhance their problem solving, collaboration, questioning, presentation, and multi-perspective thinking skills. (This programme content was identical to '1+1 group' in 21/22 school year.)

◆ Profiles of Instructor

Dr Richard LAU obtained an honour bachelor's degree in psychology in the UK, an honour master's degree in clinical psychology in Australia, a PhD in clinical psychology in the US, and a PhD in counselling in Australia. He is a Member of Register of Clinical Psychologists accredited by Department of Health, a Member of Hong Kong Institute of Clinical Psychologists, an Associate Fellow and Registered Clinical Psychologist of the Hong Kong Psychological Society, a Full Member of the Hong Kong Clinical Psychologists Association, an Associate Fellow of the Hong Kong Professional Counselling Association, a Registered Clinical Supervisor of the Asian Professional Counselling & Psychology Association, a Certified Clinical Hypnotherapist of the Professional Board of Hypnotherapy, Inc., an Academic Member of the College of Clinical Psychologists of the Australian Psychological Society, and a Full Member of the Australian Psychological Society.

Dr LAU worked as Senior Clinical Psychologist or Director of Psychological Services in non-government organisations or private psychology centres for about ten years that he developed many training programmes for the gifted population and their parents. Over the last seventeen years, He was a Senior Lecturer at the Department of Special Education and Counselling, Faculty of Education and Human Development in The Education University of Hong Kong; an Assistant Professor at the Nethersole School of Nursing, Faculty of Medicine of the Chinese University of Hong Kong; an Assistant Professor at the Department of Counselling and Psychology, Faculty of Social Sciences of the Hong Kong Shue Yan University; and a Visiting Professor at the Faculty of Social Sciences and Education of the University of Saint Joseph (current name) over the last twelve years. Through Dr LAU's teaching work in these universities, he delivered many courses related to teaching or counselling students with special educational needs including gifted students. He also trained numerous professional teachers, counsellors and social workers in teaching, counselling, and helping gifted students and their parents.

◆ Schedule

Session	Date	Time	Venue
1-4	4, 11, 18 August 2023 (Friday); 28 August 2023 (Monday)	3:00 – 5:30 p.m.	HKAGE

◆ Suitable for

Target: P4 – S1 student members and their parents in 2022/23 school year
Class size: 10 pairs (one child and his or her parent(s), both parents can apply at the same time)

First-come-first-served.

◆ Pre-requisite

No special prerequisites are needed

◆ Medium of Instruction

Cantonese

◆ Certificate

E-Certificate will be awarded to students who have:

- Attended AT LEAST 3 sessions AND
- Shown active participation in class activities