



F1PCG001C

(Token- required)

Course/ Introductory Level

'Be Together' Parent-child Group

Dr LAU Kai Cheung Richard, Clinical Psychologist, HKAGE

Ms LAU Sin Ting Candy, Programme Officer, HKAGE



Application Deadline

31 August 2022

12:00 noon

Intended Learning Outcomes

Upon completion of the programme, student members should be able to:

1. implement creative problem-solving skills to deal with own's problems;
2. face the daily life challenges by thinking outside of the box and challenging oneself;
3. learn to appreciate and accept gifted characteristics through the collaboration with peers; and
4. consolidate what you have learnt through the demonstration of project results.

Upon completion of the programme, parents should be able to:

1. utilize creative problem-solving skills to deal with daily life problems;
2. improve creativity and face challenges in different ways;
3. appreciate and accept the uniqueness of children; and
4. describe the learning of creative problem-solving of their children through the demonstration of project results.



◆ Introduction

'Be Together' Parent-child Group is a parent-child programme for gifted students and their parents. The programme design is based on the Creative Problem Solving (CPS) model (Isaken, Treffinger, Dorval, & Nollar, 2000), and infused affective elements such as parent-child communication, self-understanding, exploration of value systems and peer learning in an interactive learning environment.

Through this programme parents and children can enhance their creative problem-solving skills, make innovations and achieve breakthroughs. Children and their peers also have opportunities to communicate, collaborate and share their achievements through a range of activities. They will learn to appreciate each other and enhance their problem solving, collaboration, questioning, presentation, and multi-perspective thinking skills.

◆ Schedule

Session	Date	Time	Venue	Remarks
Briefing session	7 October 2022 (Friday)	6:00 – 7:30 p.m.	Zoom*	(Briefing session for parents, parents attend ONLY.)
1-4	14, 21, 28 October 2022 4 November 2022 (Friday)	6:00 – 8:30 p.m.	HKAGE	
5	18 November 2022 (Friday)	6:00 – 8:00 p.m.		

* The Zoom Meeting ID and passcode will be sent to student members by email before the talk.

◆ Target Participants

- Target: P4 – S1 student members and their parents in 2022/23 school year only (This programme content was identical to '1+1 group' in 21/22 school year.)
- Class size: 10 pairs (one child and his or her parent(s), both parents can apply at the same time)
- * First-come-first-served.

◆ Pre-requisite

No special prerequisites are needed

◆ Medium of Instruction

Cantonese

◆ Certificate

E-Certificate will be awarded to students who have:

- Attended AT LEAST 4 sessions (not including briefing session) AND
- Shown active participation in class activities



◆ Profiles of Instructors

Dr Richard LAU is a Member of Register of Clinical Psychologists accredited by the Department of Health. He is also an associate fellow and registered clinical psychologist of the Hong Kong Psychological Society, a full member of the Hong Kong Clinical Psychologists Association, an associate fellow of the Hong Kong Professional Counselling Association, a registered clinical supervisor of the Asian Professional Counselling & Psychology Association, a certified clinical hypnotherapist of the Professional Board of Hypnotherapy, Inc., and a full member of the Australian Psychological Society. For more than ten years, Dr LAU has developed many training programmes for the gifted population and their parents in various private or non-government organisations in Hong Kong.

Ms Candy LAU obtained her Bachelor of Social Sciences with Honours in Counselling and Psychology from the Shue Yan University; and Postgraduate Diploma in Autism Spectrum Disorder (ASD) from The Open University of Hong Kong. She is a certified trainer in conducting CBT-Context Based Social Competence Training as well as PEERS® Adolescents Providers in Hong Kong. Ms LAU has been working in the education and NGO field over 10 years, she has solid experience in working with students with giftedness and special educational needs in primary and secondary school. She has also conducted numerous on-site school group training, parent, and teacher consultation in different schools. resource kits for students.