F1LEA010W

(Token-required)

[Gifted Programme]

Workshop / Introductory

"Equal Tour 180" Wheelchair Experience in Community

Instructors from Hong Kong PHAB Association



Intended Learning Outcomes

Result Release 30 Jan 2026

Upon completion of the gifted programme, gifted students should be able to:

- 1. identify the challenges commonly faced by individuals with physical disabilities in their daily lives.
- 2. demonstrate practical skills in using wheelchairs while participating in various community tasks, gathering firsthand experience of the challenges faced by individuals with physical disabilities, and identify effective problem-solving strategies.
- 3. develop greater empathy by illustrating the emotional and social impacts of individuals with physical disabilities.



Gifted Programme Introduction

As one of the core programmes in the Leadership Training Programme Series 2025/26, this workshop focuses on the theme of inclusion.

To truly understand the experiences of individuals with disabilities, there is no better way than to step into their shoes. Students will navigate various community tasks using wheelchairs, gaining firsthand insight into the significance of accessible facilities. They will alternate between the roles of wheelchair user and caregiver, fostering an appreciation for the unique emotions and challenges associated with each perspective. Through reflection, students will explore their own roles in promoting inclusivity and actively practise the principles of integration.

Schedule

Date	Time	Venue
24 February 2026 (Tue)	10:00 a.m. – 1:00 p.m.	Kowloon West PHAB Centre S102, G/F, Lai Lo House, Lai Kok Estate, Sham Shui Po, Kowloon

Suitable for

- S1 S6 HKAGE student members in the 2025/26 school year. (Priority will be given to S3 to S5 HKAGE student members whose HKAGE student numbers begin with 2430, admitted in the 2024/25 school year through the Principal's Nomination).
- Class size: 30
- *Student members will be selected randomly by the computer system. The decision of HKAGE regarding the selection results is final.

Medium of Instruction

Cantonese

Pre-requisite

No special prerequisites are needed

Certificate

E-Certificate will be awarded to participants who have attended all the sessions and shown active participation in class activities.

2025/26 **Leadership Training Programme**



- **Orientation Talk**
- (07) Mindfulness Course
- **Ignite Life Talk Series** 02) or Inclusion Talk (any 2 sessions)
- **Project Management** Course
- (03) Leadership Workshop
- Communication (09) Course
- **Emotion Management** Workshop
- (10) Community Service
- **Leadership Training** Camp
- **Career Development** Workshop
- Crisis Management Course
- "Equal Tour 180" Wheelchair **Experience in Community**
- 13 Graduation Ceremony

Elective Programmes: All Other HKAGE Programmes/Activities



Graduation Certificate Requirements:

- 🥷 Gold Award: Complete 5 core programmes* + 1 elective programme
- ⊼ Silver Award: Complete 4 core programmes* + 1 elective programme
- R Bronze Award: Complete 3 core programmes* + 1 elective programme
- 1.All programmes (except "Orientation Talk" and "Graduation Ceremony") must be completed within 1 September 2025 to 30 April 2026.
 2.* "Core Programme: Graduation Ceremony" (Early July 2026) must be included.