



[ Gifted Programme ]

**Workshop / Introductory** 

F1ALU006W

# Alumni Reunion – Revitalize and Reconnect

Dr Jimmy WONG Executive Director, HKAGE

Mr WONG Chung Po Associate Director (Programme), HKAGE

Mr Marius CHOW Head of Division (Talent Development), HKAGE Ms Livia TANG
Head of Division (School & Student Services),
HKAGE

Talent Development Division and School & Student Service Division Programme Managers

Mr Yip Chi Ching Anson, HKAGE Alumni



# **Intended Learning Outcomes**

**12 Nov 2025 12:00 noon** 

Upon completion of the event, participants should be able to:

- 1. describe how can give back to the academy as an alumnus;
- 2. Identity the key elements of the Giving Back to the HKAGE practically;
- 3. be inspired to support HKAGE programmes and activities proactively;
- 4. experience the joy of exercise and the benefits of positive self-care.

## Introduction

To strengthen the connection between the HKAGE and our alumni, we are hosting an "Alumni Happy Hour" reunion. Alumni from different years will have the opportunity to reconnect with friends and meet peers from various fields.

During the event, Our alumus-Mr Yip Chi Ching, Anson will lead a Baduanjin (八段錦) experiential activity. Baduanjin is a part of the Shaolin Yi Jin Jing (少林易筋經) which can strengthen and nourish the five internal organs, ward off external pathogens, relieve internal ailments, remedy deficiencies, and restore balance. Its benefits are extensive. With regular practice, you can enhance your health and promote longevity.

You will also have the opportunity to interact with our senior management team, including Dr Jimmy Wong, Executive Director; Mr. Wong Chung Po, Associate Director (Programme); Mr. Marius Chow, Head of Division (Talent Development); and Ms. Livia Tang, Head of Division (School & Student Services), along with our programme managers. This event will serve as a platform to discuss HKAGE's latest developments and exchange ideas.

We look forward to your participation in strengthening the bonds within our alumni community and the HKAGE!

## **Schedule**

Date	Time	Venue
14 Nov 2025 (Fri)	6:30 p.m 9:00 p.m.	Room 1302, 13/F, Tower 1, Lippo Centre, 89 Queensway, Admiralty, Hong Kong

## **Target Participants**

HKAGE alumni

Class size: 30

First-come-first-served

## **Pre-requisite**

No special prerequisites are needed

#### Fee

HK\$250 (Included 2 drinks and snacks, pay with cash at the restaurant on the event day)

## **Medium of Instruction**

Cantonese

#### Remarks

For Baduanjin experiential activity,

 Alumni are encouraged to wear appropriate sports attire and bring their own towel and drinking water. Feel free to join the session at your own pace and according to your physical condition on the event day.

