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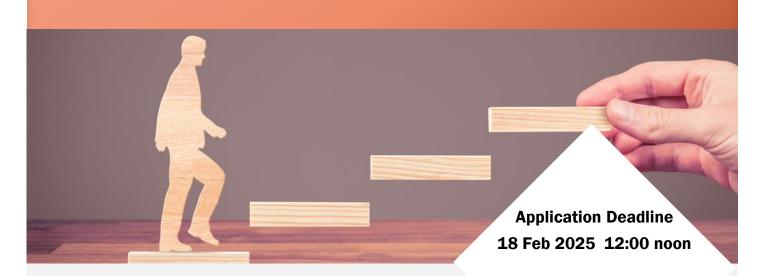
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## [ Gifted Programme ]

**Workshop / Introductory Level** 

# Theories and Foundations of Career Development Workshop

Prof. Yuen Man Tak



## **Intended Learning Outcomes**

Result Release 19 Feb 2025

Upon completion of the programme, the participants should be able to:

- 1. Evaluate at least two key theories and models of career and life planning education.
- 2. Describe the applications of at least two theories and models in career guidance and development
- 3. Apply essential character strengths including creativity, persistence, social intelligence, kindness, love, teamwork, self-regulation, love of learning, and gratitude.
- 4. Demonstrate appropriate attitudes and skills in supporting both personal and peer career development.



## **Gifted Programme Introduction**

This workshop is one of the core programmes of the Leadership Training Programme Series.

It aims to enhance participants' understanding of the need for career planning and life skills development. The content includes Career Development Theories, The Adlerian Approach, Life Skills Development Model, and Character Strengths. Students will engage in experiential learning activities, peer group presentations, role-play, and collaborative learning groups to integrate practices and theories.

#### **Schedule**

Session	Date	Time	Venue
1	8 Mar 2025 (Sat)	10:00 a.m 05:00 p.m.	MW505, Meng Wah Complex, HKU, Main campus, Pokfulam Road ( <u>Map</u> )

### Suitable for

- S1 S6 HKAGE student members in the 2024/25 school year. (Priority will be given to S3 to S5 HKAGE student members whose HKAGE student numbers begin with 233 admitted in the 2023/24 school year through the Principal's Nomination).
- Class size: 30
- \*Student members will be selected randomly by the computer system. The decision of HKAGE regarding selection results is final.

- **Medium of Instruction** 
  - **Pre-requisite**

No special prerequisites are needed

**Certificate** 

English

E-Certificate will be awarded to participants who have attended all the sessions and shown active participation in class activities.

# LEADERSHIP TRAINING PROGRAMME SERIES 2024/25

Core programmes

**Orientation Talk** 

02 Two Celebrity Talks in Leadership

**Leadership Workshop** 

**Emotion Management Workshop** 

**Leadership Training Camp** 05

**Forest Therapy Experience** 

08

Mindfulness Workshop

**Drama Course** 

**Communication Course** 09

**Community Service** 

Career Development Workshop 11

**Graduation Ceremony & Showcase\*** 

Elective Programmes: All Other HKAGE Programmes/Activities

The programme information may be subject to change; please refer to HKAGE website for details. **Graduation Certificate Requirements:** 

Gold Award: Complete 5 core programmes\* + 1 elective programme

Silver Award: Complete 4 core programmes\*+ 1 elective programme

Bronze Award: Complete 3 core programmes\*+1 elective programme

- · All programmes (except "Orientation Talk" and "Graduation Ceremony & Showcase") must be completed within 1 September 2024 to 30 April 2025.
- \* "Core Programme: Graduation Ceremony & Showcase" (Early July 2025) must be included.





