



F1PPW021V

#### [Gifted Programme]

**Community Service (Introductory)** 

# The 2nd Multi-diversified Nunchaku Fun and Promotion Day

The Hong Kong Academy for Gifted Education 香港特別行政區政府教育局資助 Subvented by the Education Bureau, the Government of the HKSAR

#### Instructors from Youth Miracles Continuous Training Centre



Application Deadline 20 Dec 2024 12:00 noon

#### **Intended Learning Outcomes**

# Result Release

Upon completion of the programme, the participants should be able to: 23 Dec 20

- 1. Identify the historical origins of Nunchaku and acquire its basic techniques and movements;
- 2. Experience a sense of accomplishment through practicing and performing Nunchaku with people of different ages and backgrounds;
- 3. Cultivate a stronger sense of self-confidence, resilience, perseverance and enrich their physical and overall well-being;
- 4. Demonstrate a heightened awareness and appreciation for cultural heritage and the cultural significance of Nunchaku.

#### **Gifted Programme** Introduction

The programme aims to promote cultural heritage and pride by introducing HKAGE members to the history, cultural value, and significance of Nunchaku. It provides experiential learning opportunities for members to master basic Nunchaku techniques. Additionally, the programme fosters effective communication and collaboration while promoting inclusiveness among 500 participants of diverse backgrounds and age groups through structured practice and performance.

(Note: For safety assurance, only foam Nunchaku will be utilised throughout this programme.)

Schedule				
Session	Date	Time	Venue	Meeting Point
1	3 January 2025 (Fri)	03:00 p.m. – 06:00 p.m.	Hong Kong Cultural Centre	Exhibition Gallery, Level 4, Administration Building, Hong Kong Cultural

Remark: "Leave of absence letter" could be provided if needed.

## Suitable for

- P4 S6 HKAGE student members in . 2024/25 school year.
- Class size: 20
- Student members would be selected randomly by the computer system. The decision of HKAGE on the result of the selection should be final.

## Pre-requisite

No special prerequisites are needed

#### **Medium of Instruction**

Cantonese

## Certificate

E-Certificate will be awarded to participants who have:

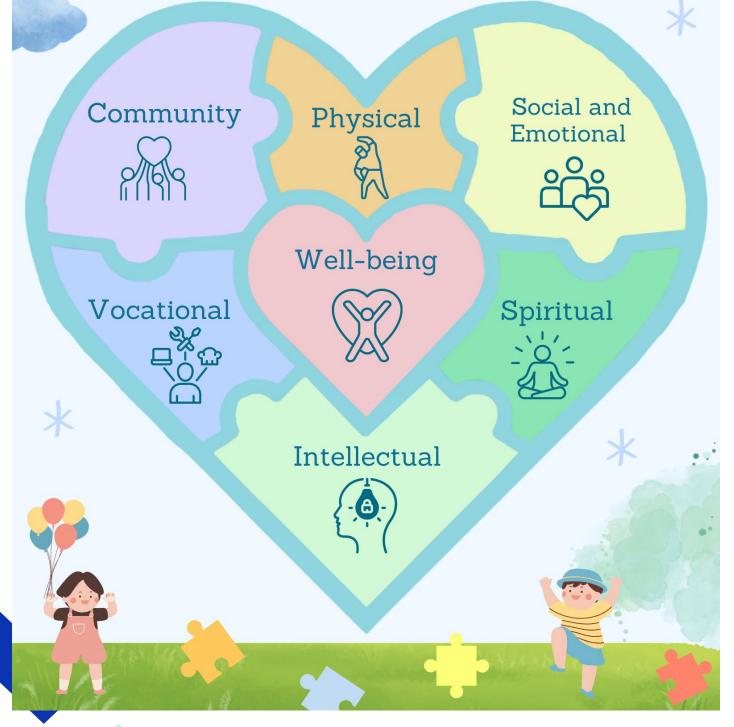
- attended ALL sessions; AND
- completed all the assignments with satisfactory performance



# Journey to Wellness: Experiential Learning for Promoting Well-being

香港資優教育學苑 The Hong Kong Academy for Gifted Education 香港特別行政區政府教育局資助 Subverted by the Education Bureau, the Government of the HKSAB

- Enhance the well-being of gifted students
  - Provide ample emotional and mental health support
- Foster positive relationships
  - Strike a balance between intellectual pursuits and holistic development



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