

C1FUI006T (Not-token required)

[Gifted Programme]

• Future Insight Talk Series
Beyond the WavesNavigating the World of
Windsurfing

Mr Man Ngo Hin Former Hong Kong Windsurfing Team Member





5 Aug 2025 12:00 noon

Intended Learning Outcomes

Upon completion of the gifted programme, gifted students should be able to:

- 1. explain the categories in windsurfing;
- 2. describe the job nature, skills and challenges of an athlete;
- 3. illustrate the career path to be an athlete;
- 4. know better about their own interests, abilities, attributes, and the necessary skills, resources, and qualifications they will need to achieve their goals.

Future Insight Talk Series

Gifted Programme Introduction

Do you want to be an athlete? Do you think being an athlete is as easy as just showing up for practice and competing? In reality, it often involves a rigorous training schedule, mental discipline, and the ability to cope with physical and emotional challenges. In this workshop, the speaker will share with you his views of the athlete's and instructor's role and some stories happened to him. He will also investigate the job nature, skills and challenges of an athlete.

The speaker, Mr Man Ngo Hin is a former Hong Kong Windsurfing team member. He served as a windsurfing instructor for more than 7 years. Presently, he is the Chairperson of the Youth Development and High Performance Sub-Committee of the Windsurfing Association of Hong Kong, China, dedicated to the promotion of windsurfing.

Schedule

Session	Date	Time	Venue
1	28 Dec 13 Aug 2025 (Wed)	10:00 a.m. 12:00 noon 2:00 p.m 4:00 p.m.	Room 105, HKAGE

Suitable for

- S1 S6 HKAGE student members in 2024/25 school year.
- Class size: 80
- * First-come, first-served.

Medium of Instruction

Cantonese

Certificate

E-Certificate will be awarded to participants who have attended the talk.

Remark

Starting from the 2023/24 school year, after the first review period, ALL student members must complete the following requirements in each school year in order to maintain their membership:

- Attend One Talk; AND
- Participate in One programme or activity of any kind

This talk is one of the items in the four domains of the Holistic Talk Series. The objective is to facilitate the all-round development of student' gifted potential.



The Hong Kong Young Academy of Sciences (YASHK) talk series

Talks are about emerging technology to inspire students' motivation in pursing knowledge in specialized areas.



Academic Introductory Talk Series

Introduce trendy topics to widen the students' horizons.



Celebrities share their life-changing moments to enhance students' aspirations for life.



Professionals explain the latest trend in their industry to give students an insight to plan their future.