



香港資優教育學苑

The Hong Kong Academy for Gifted Education

香港特別行政區政府教育局資助

Subvented by the Education Bureau, the Government of the HKSAR



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[**Gifted Programme**]

Workshop / Introductory

Ignite the mind – Music-jamming Workshop

Tutors from Kusala Education



Application Deadline
25 Oct 2024 12:00 noon

Intended Learning Outcomes

Result Release
28 Oct 2024

Upon completion of the gifted programme, gifted students should be able to:

1. Demonstrate a deeper understanding of music therapy and meditation concepts.
2. Apply various music-making techniques to improvise and create music.
3. Enhance psychological well-being through expressive musical practices.

◆ Gifted Programme Introduction

This workshop is designed for HKAGE students who yearn to learn more about the relationship between music and emotions. With a focus on developing self-awareness and promoting mental well-being, the course combines the exploration of music theories, self-expression through music and hands-on music production and breathing exercises. This approach allows students to delve into their inner minds and the world of music, gaining a deeper understanding of their capacity to create positive emotions via music therapy concepts.

◆ Schedule

Session	Date	Time	Venue
1	9 November 2024 (Sat)	09:30 a.m. – 12:30 p.m.	HKAGE

◆ Suitable for

- P4 – S3 HKAGE student members in 2024/25 school year.
- Class size: 30
- Student members would be selected randomly by the computer system. The decision of HKAGE on the result of the selection should be final.

◆ Pre-requisite

No special prerequisites are needed

◆ Medium of Instruction

Cantonese with English handouts

◆ Certificate

E-Certificate will be awarded to participants who have:

- attended ALL sessions; AND
- completed all the assignments with satisfactory performance



Journey to Wellness: Experiential Learning for Promoting Well-being

- ♥ Enhance the well-being of gifted students
- ♥ Provide ample emotional and mental health support
- ♥ Foster positive relationships
- ♥ Strike a balance between intellectual pursuits and holistic development

