

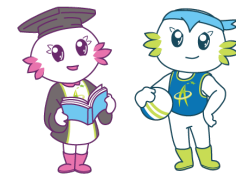


香港資優教育學苑

The Hong Kong Academy for Gifted Education

香港特別行政區政府教育局資助

Subvented by the Education Bureau, the Government of the HKSAR



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F1PPW026T

(NOT Token - required)

Student Talk / Introductory Level

Promoting Social and Emotional Well-being of Gifted Students

Dr Richard Kai-Cheung LAU

Clinical Psychologist, HKAGE



Application Deadline

29 Nov 2024

12:00 noon

Intended Learning Outcomes

Upon completion of the talk, student members should:

1. Identify nine common factors that can negatively impact the social and emotional well-being of gifted students.
2. Understand the impact of these factors on gifted students' overall development.
3. Learn practical and effective strategies to address these challenges.
4. Develop strategies to cultivate a stronger sense of social and emotional well-being and resilience.
5. Apply these strategies to improve their own well-being or support the well-being of gifted students they know.

◆ Introduction of the Talk

The well-being of gifted students is crucial for their overall development. This talk delves into the critical area of social and emotional well-being, offering practical solutions and strategies for growth. This is part of our broader exploration of the six key dimensions of well-being: physical, social and emotional, spiritual, intellectual, vocational, and community. Based on real-world experiences from our Consultation and Assessment Centre, our speaker will identify and analyze nine factors that can negatively impact the social and emotional well-being of gifted students. You'll learn practical and effective strategies to navigate these challenges and cultivate a stronger sense of well-being and resilience. The talk will conclude with a Q&A session, providing opportunities for personalized advice.

◆ Schedule

Date	Time	Venue
14 Dec 2024 (Saturday)	2:30 p.m. – 4:30 p.m.	Zoom Meeting

* The Zoom Meeting ID and passcode will be sent to student members by email before the talk.

◆ Profile of the Speaker

Dr. Richard LAU obtained an Honours Bachelor's degree in Psychology in the UK, an Honours Master's degree in Clinical Psychology in Australia, a Postgraduate Diploma in Clinical Psychiatry in the UK, a PhD in Clinical Psychology in the US, and a PhD in Counseling in Australia, and he is pursuing a Master of Science degree in Clinical Psychiatry in the UK. He is a Clinical Psychologist in the accredited register in Hong Kong (Department of Health), an Associate Fellow and Registered Clinical Psychologist of the Hong Kong Psychological Society, a Full Member of the Hong Kong Clinical Psychologists Association, an Associate Fellow of the Hong Kong Professional Counseling Association, a Registered Clinical Supervisor of the Asian Professional Counseling & Psychology Association, a Certified Clinical Hypnotherapist of the Professional Board of Hypnotherapy, Inc., an Academic Member of the College of Clinical Psychologists of the Australian Psychological Society, and a Full Member of the Australian Psychological Society.

◆ Profile of the Speaker

Dr. LAU worked as a Senior Clinical Psychologist or Director of Psychological Services in non-governmental organizations and private psychology centers for approximately ten years, during which time he developed numerous training programs for gifted individuals and their parents. Over the past eighteen years, he has held teaching positions at various universities, including Senior Lecturer in the Department of Special Education and Counseling, Faculty of Education and Human Development at The Education University of Hong Kong; Assistant Professor at the Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong; Assistant Professor in the Department of Counseling and Psychology, Faculty of Social Sciences, Hong Kong Shue Yan University; and Visiting Professor at the Faculty of Social Sciences and Education, University of Saint Joseph (current name). Through his university teaching, Dr. LAU has delivered numerous courses related to teaching and counseling students with special educational needs, including gifted students. He has also trained a significant number of professional teachers, counselors, and social workers in methods for teaching, counseling, and supporting gifted students and their families.

◆ Remark

Starting from the 2023/24 school year, after the first review period, ALL student members must complete the following requirements in each school year in order to maintain their memberships:

- Attend One Talk; AND
- Participate in One Programme or Activity of any kind

◆ Pre-requisite

No special prerequisites are needed

◆ Target Participants

- P4 to S6 student members in 2024/25 school year
 - Class size: 290
- * First-come-first-served.

◆ Certificate

E-Certificate will be awarded to participants who have attended the talk and shown active participation in class activities.

◆ Medium of Instruction

English



Journey to Wellness: Experiential Learning for Promoting Well-being

- ♥ Enhance the well-being of gifted students
- ♥ Provide ample emotional and mental health support
- ♥ Foster positive relationships
- ♥ Strike a balance between intellectual pursuits and holistic development

