

Gifted Programme

F1SSG022W

(Token-required)

Workshop / Introductory Level

Student Support Group Series:
Psychological Support for Gifted Students to Face
Challenges or Difficulties in Multiple Aspects (4)

Miss Tinsley Du Counselling Advisor, HKAGE



Intended Learning Outcomes

Upon completion of the gifted programme, student members should be able to:

- 1. acquire skills for facing difficulties or challenges in different circumstances;
- 2. be supported with counselling or consultation services provided by HKAGE's professional psychologist, practising skills for facing difficult circumstances;
- 3. build positive interaction with other gifted students using appropriate methods; and
- 4. build a network with other gifted students and support each other.



Gifted Programme Introduction

Although gifted students perform very well in many aspects, they, like non-gifted students, also need to master appropriate methods to deal with challenges and difficulties in all areas of life, so they can effectively overcome their challenges or difficulties. This series of support groups aims to provide professional group counseling and psychological support to our student members. Our psychologists will encourage students to share the challenges and difficulties they face in the group. Students not only can refer to the coping methods adopted by other students but can also receive group counseling and professional advice to face their difficulties. Although the theme of each session is the same, based on the principle of group dynamics, the interaction effect will be different, and the questions to be raised, discussed, and answered by participants and instructor in each session will also be different. Therefore, applicants may register for one or more sessions at their own discretion.

Profile of Instructor

Miss Tinsley Du obtained a master's degree of social sciences in counselling psychology from the Hong Kong Shue Yan University, and she is a Registered Counselling Psychologist of The Hong Kong Psychological Society Limited (HKPS). Tinsley worked as Counsellor in local schools and as Service Officer and Counselling Psychologist in NGO. She supported students with various psychological and educational needs, and offered counselling, psychotherapy, whole person development service for them. She also offered counselling, psychotherapy, and conducted talks and workshops for parents, teachers, and the public of different ages including children, teenagers, and adults.

Important Dates

Date	Venue	Application Deadline
F1SSG022W 8 Jun 2024 (Saturday) 9:30 a.m. – 11:00 a.m.	HKAGE	24 May 2024

Suitable for

- HKAGE P4 S6 student members in 2023/24 school year
- Capacity of each workshop: 30
- * First-come-first-served

Medium of Instruction

Cantonese

Pre-requisite

No special prerequisites are needed

Certificate

E-Certificate will be awarded to participants who have attended the lesson and shown active participation in class activities.