



E2ART001W

(Token- required)

## Art and Culture Workshop (Level II)

# Sip and Savor – An Exploration of Tea

Ms CHAN Ching Ki

(The Chinese Foundation Secondary School, Science Teacher)



**Application Deadline**  
**2 Feb 2024 12:00 noon**

## **Intended Learning Outcomes**

Upon completion of the programme, participants should be able to:

1. explain the historical and cultural significance of tea;
2. explore the health benefits of drinking tea;
3. distinguish various types of tea, including black tea, green tea and white tea with proper tea appreciation techniques;
4. grasp the career path and relevant information of being a tea art specialist;
5. comprehend the relationship between tea and human.

## ◆ Introduction

Discover the fascinating world of tea through our immersive “Tea Art” workshop. This workshop invites students to delve into the historical and cultural significance of tea and explore its traditions and rituals. Gain insights into the health benefits of tea consumption and learn how to appreciate and differentiate various types of tea, including black, green, and white teas. Additionally, students will have the opportunity to explore the career path of tea art and discover the diverse opportunities available in this field. Join us for an enriching experience that combines history, culture, taste, and career exploration in the realm of tea art. This workshop is co-organised with The Chinese Foundation Secondary School.

## ◆ Schedule

Session	Date	Time	Venue
1	24 Feb 2024 (Sat)	9:30 a.m. – 12:30 p.m.	Student Activities Centre, 1/F, The Chinese Foundation Secondary School <sup>1</sup>
2	9 Mar 2024 (Sat) 2-Mar-2024 (Sat)		

<sup>1</sup> The Chinese Foundation Secondary School: 9 Harmony Road, Siu Sai Wan, Chai Wan, Hong Kong ([map](#))

## ◆ Target Participants

- S1 – S6 HKAGE student members in 2023/24 school year only.
- Class size: 17
- First-come-first-served.

## ◆ Pre-requisite

No special prerequisites are needed. Tea tasting will be required for this programme. Participants should assess and consider their own health conditions before making application for this programme.

## ◆ Medium of Instruction

Cantonese with Chinese handouts

## ◆ Certificate

E-Certificate will be awarded to participants who have:

- attended ALL sessions; AND
- completed all the assignments with satisfactory performance