



F1SPT001C

(Token- required)

Course

# Sportsmanship & Dodgebee

Instructor from the Hong Kong Dodgebee Association



## **Intended Learning Outcomes**

**Result Release** 16 Nov 2023

5 Dec 2023

Upon completion of the programme, participants should be able to:

- 1. Acquire Dodgebee techniques to reach the ability to participate in the selection of the HKAGE school team;
- 2. cultivate a strong sense of sportsmanship; and
- 3. form a team and participate in competitions while fostering team spirit.



#### Introduction

Have you ever heard of the sport of Dodgebee? In fact, Dodgebee is a relatively new sport that has emerged in recent years. The name 'Dodgebee' combines two words: Dodgeball and Frisbee. Essentially, Dodgebee is a sport that uses a frisbee to play Dodgeball.

This course covers various aspects of Dodgebee, including fundamental knowledge, pass and catch techniques, defensive and offensive training, tactical application, and hands-on experience of the game. Through advanced and in-depth training in Dodgebee techniques, participants will not only improve their physical fitness and hand-eye coordination but also experience the thrill of the game. Additionally, the course aims to enhance participants' concentration, enterprising mindset, social skills and foster team spirit, contributing to personal growth.

If you are looking for a sport that offers comprehensive training for both your mental and physical fitness, Dodgebee should be an excellent choice for you!

### **Schedule**

Session	Date		Time	Venue
1	20 December 2023	(Wed)	5:00 p.m. – 7:00 p.m.	Hong Kong Baptist University Affiliated School Wong Kam Fai Secondary and Primary School Outdoor Sports Ground (G/F, Primary Division)
2	21 December 2023	(Thu)		
3	27 December 2023	(Wed)		
4	28 December 2023	(Thu)		

## **Target Participants**

- HKAGE student members.
- Youth Dodgebee Gold Medal Certificate holders or experience in other kinds of sports are preferred.
- Class size: 25

## **Medium of Instruction**

Cantonese

## **Screening**

Please answer the screening question in the online application form.

\*The screening question is designed to help the applicant understand the course level and content. The questions must be answered by the student applicant, and can only be attempted once. The answers cannot be changed once the application is submitted. Only students who can demonstrate motivation and knowledge of Dodgebee in the screening question will be eligible for enrollment in the programme.

## Certificate

E-Certificate will be awarded to participants who have:

- Attended AT LEAST THREE sessions AND
- Completed all the assessments with satisfactory performance.





