



F1SSG013W

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Workshop / Introductory Level

Student Support Group Series: Psychological Support for Gifted Students to Face Challenges or Difficulties in Multiple Aspects (1)

Dr LAU Kai Cheung Richard, Clinical Psychologist, HKAGE



Application Deadlines
Please refer to the
“Workshop Important Dates”

Intended Learning Outcomes

Upon completion of the programme, student members should be able to:

1. acquire skills for facing difficulties or challenges in different circumstances;
2. be supported with counselling or consultation services provided by HKAGE’s professional psychologist, practising skills for facing difficult circumstances;
3. build positive interaction with other gifted students using appropriate methods; and
4. build a network with other gifted students and support each other.



◆ Introduction

Although gifted students perform very well in many aspects, they, like non-gifted students, also need to master appropriate methods to deal with challenges and difficulties in all areas of life, so they can effectively overcome their challenges or difficulties. This series of support groups aims to provide professional group counseling and psychological support to our student members. Our psychologists will encourage students to share the challenges and difficulties they face in the group. Students not only can refer to the coping methods adopted by other students but can also receive group counseling and professional advice to face their difficulties. **Although the theme of each session is the same, based on the principle of group dynamics, the interaction effect will be different, and the questions to be raised, discussed, and answered by participants and instructor in each session will also be different. Therefore, applicants may register for one or more sessions at their own discretion.**

◆ Profiles of Instructors

Dr Richard LAU obtained an honour bachelor's degree in psychology in the UK, an honour master's degree in clinical psychology in Australia, a PhD in clinical psychology in the US, and a PhD in counselling in Australia. He is a Member of Register of Clinical Psychologists accredited by Department of Health, a Member of Hong Kong Institute of Clinical Psychologists, an Associate Fellow and Registered Clinical Psychologist of the Hong Kong Psychological Society, a Full Member of the Hong Kong Clinical Psychologists Association, an Associate Fellow of the Hong Kong Professional Counselling Association, a Registered Clinical Supervisor of the Asian Professional Counselling & Psychology Association, a Certified Clinical Hypnotherapist of the Professional Board of Hypnotherapy, Inc., an Academic Member of the College of Clinical Psychologists of the Australian Psychological Society, and a Full Member of the Australian Psychological Society.

Dr LAU worked as Senior Clinical Psychologist or Director of Psychological Services in non-government organisations or private psychology centres for about ten years that he developed many training programmes for the gifted population and their parents. Over the last seventeen years, He was a Senior Lecturer at the Department of Special Education and Counselling, Faculty of Education and Human Development in The Education University of Hong Kong; an Assistant Professor at the Nethersole School of Nursing, Faculty of Medicine of the Chinese University of Hong Kong; an Assistant Professor at the Department of Counselling and Psychology, Faculty of Social Sciences of the Hong Kong Shue Yan University; and a Visiting Professor at the Faculty of Social Sciences and Education of the University of Saint Joseph (current name) over the last twelve years. Through Dr LAU's teaching work in these universities, he delivered many courses related to teaching or counselling students with special educational needs including gifted students. He also trained numerous professional teachers, counsellors and social workers in teaching, counselling, and helping gifted students and their parents.

◆ Suitable for

- HKAGE P4 – S6 student members in 2023/24 school year
 - Capacity of each workshop: 40 (Zoom mode)
- * First-come-first-served

◆ Medium of Instruction

Cantonese

◆ Pre-requisite

No special prerequisites are needed

◆ Certificate

E-Certificate will be awarded to participants who have attended the lesson and shown active participation in class activities.

◆ Enquiries



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◆ Important Dates

Date	Venue	Application Deadline	
F1SSG013W 18 Nov 2023 (Saturday) 9:30 a.m. – 11:00 a.m.	Zoom*	3 Nov 2023	Please return the “Confirmation Slip” no later than three working days after you applied for the class

* The Zoom Meeting ID and passcode will be sent to student members by email before the talk.