F1WAI003W2
(Token- required)

Workshop / Introductory

'Who am I' Series: Social Relationship

Programme Officer, HKAGE

Application Deadline
11 May 2023 12:00 n.n

Result Release
12 May 2023

Intended Learning Outcomes

Upon completion of the programme, participants should be able to:

1. explain the importance of empathy
2. describe the influences of giftedness on developing friendship
3. identify the appropriate and inappropriate ways of self-expression
4. generalize knowledge and effective skills for managing peer pressure and conflicts

◆ Introduction of the Series

The 'Who am I' Series is a workshop series related to whole-person development , it covers topics like self-concept, self-management and social relationships of gifted students. This series aims at fostering gifted students' all-round development by enabling them to understand themselves, enhance their self-management skills, and eventually build positive social relationships with the outside world.

◆ Introduction of the Workshop

Living in a socialised society, we all need to know how to collaborate and communicate effectively with other people. Do you think you can establish harmonious relationships with others, get along well with them, and handle interpersonal conflicts effectively? What skills are needed for building good interpersonal relationships?

In this workshop, you will uncover the power of empathy in establishing rapport, making and keeping the good social relationship with your peers. Meanwhile, through experiential learning activities, you will understand your traits, discuss social skills between peers, and coping strategies to deal with peer pressure and conflict. You will become more assertive by enhancing self-expression skills.

◆ Schedule

Date	Time	Venue
14 Aug 2023 (Mon)	02:30 p.m.- 05:30 p.m.	HKAGE

◆ Suitable for

- S1 to S3 HKAGE student members in 2022/23 school year (This programme is an integrated version of Inside Out Series: Social Relationship I-IV in 21/22 school year)

- Class size: 25

* * Student members would be selected randomly by the computer system. The decision of HKAGE on the result of the selection should be final.

◆ Pre-requisite

No special prerequisites are needed

◆ Medium of Instruction

Cantonese

◆ Certificate

E-Certificate will be awarded to participants who complete the workshop.

◆ Enquiries   📞 3940 0101   ✉ programme@hkage.org.hk