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Course

Sportsmanship & Dodgebee

Instructor from the Hong Kong Dodgebee Association



Application Deadline
26 Feb 2023 12:00 n.n

Result Release
28 Feb 2023

Intended Learning Outcomes

Upon completion of the programme, participants should be able to:

1. equip with Dodgebee techniques to reach the ability to participate in the selection of the HKAGE school team;
2. cultivate a good sense of sportsmanship; and
3. form a team to participate in competitions and cultivate team spirit.



◆ Introduction

Have you ever heard of the sport of Dodgebee? In fact, Dodgebee is a sport that newly emerged in recent years. Its name 'Dodgebee' consists of two words: Dodgeball and Frisbee. In other words, Dodgebee is a sport that uses a frisbee to play Dodgeball.

This course covers the basic knowledge of Dodgebee, pass and catch techniques, defensive training, attack training, tactical application and on-hand experience of the game. Through the advanced and in-depth training of Dodgebee techniques, participants will not only build up their physical fitness, improve their hand-eye coordination and enjoy the excitement of the game, but also have their concentration, enterprising mentality, social skills, etc. enhanced and team spirit cultivated to inspire personal growth.

If you want to pick a sport that could provide all-round training for your mental and physical fitness, Dodgebee should be a good choice for you!

◆ Schedule

Session	Date		Time	Venue
1	3 March 2023			
2	10 March 2023			
3	17 March 2023			
4	24 March 2023	(Fri)	5:30 p.m. – 7:30 p.m.	Hong Kong Baptist University Affiliated School Wong Kam Fai Secondary and Primary School Atrium (Primary Division) (Map)
5	31 March 2023			
6	14 April 2023			
7	21 April 2023			
8	28 April 2023			

◆ Target Participants

- HKAGE student members.
- Youth Dodgebee Gold Medal Certificate holders or experience in other kinds of sports are preferred.
- Class size: 25

◆ Medium of Instruction

Cantonese

◆ Screening

Please answer the screening question in the online application form.

*The screening question is designed to help the applicant understand the course level and the course content. The questions must be answered by the student applicant, and it can only be attempted once. The answers cannot be changed once the application is submitted. Only students who can demonstrate motivation and the knowledge of Dodgebee in the screening question can be enrolled in the programme.

◆ Certificate

E-Certificate will be awarded to participants who have:

- Attended AT LEAST SEVEN sessions AND
- Completed all the assessments with satisfactory performance.