



F1SSG004W
F1SSG005W
F1SSG006W
(Token- required)

Workshop / Introductory Level

Student Support Group: Psychological Support for Gifted Students to Face Challenges or Difficulties in Multiple Aspects (4) to (6)

Dr LAU Kai Cheung Richard, Clinical Psychologist, HKAGE



Application Deadlines
Please refer to the
“Workshop Important
Dates”

Intended Learning Outcomes

Upon completion of the programme, student members should be able to:

1. acquire skills for facing difficulties or challenges in different circumstances;
2. be supported with counselling or consultation services provided by HKAGE’s professional psychologist, practising skills for facing difficult circumstances;
3. build positive interaction with other gifted students using appropriate methods; and
4. build a network with other gifted students and support each other.



◆ Introduction

Although gifted students perform very well in many aspects, they, like non-gifted students, also need to master appropriate methods to deal with challenges and difficulties in all areas of life, so they can effectively overcome their challenges or difficulties. This series of support groups aims to provide professional group counseling and psychological support to our student members. Our psychologists will encourage students to share the challenges and difficulties they face in the group. Students not only can refer to the coping methods adopted by other students but can also receive group counseling and professional advice to face their difficulties. **Although the theme of each session is the same, based on the principle of group dynamics, the interaction effect will be different, and the questions to be raised, discussed, and answered by participants and instructor in each session will also be different. Therefore, applicants may register for one or more sessions at their own discretion.**

◆ Profiles of Instructors

Dr Richard LAU is a Member of Register of Clinical Psychologists accredited by Department of Health. He obtained his honour bachelor's degree in psychology in the UK, his honour master's degree in clinical psychology in Australia, his PhD in clinical psychology in the US, and his PhD in counselling in Australia. He is also an associate fellow and registered clinical psychologist of the Hong Kong Psychological Society, and a certified clinical hypnotherapist of the Professional Board of Hypnotherapy, Inc.

◆ Target Participants

- HKAGE P4 – S6 student members in 2022/23 school year only
- Capacity of each workshop: 25 (face-to-face mode); 40 (Zoom mode)

* First-come-first-served

◆ Medium of Instruction

Cantonese

◆ Pre-requisite

No special prerequisites are needed

◆ Certificate

E-Certificate will be awarded to participants who have attended the lesson and shown active participation in class activities.



◆ Important Dates

Date	Venue	Application Deadline	Please return the "Confirmation Slip" no later than three working days after you applied for the class
F1SSG004W 17 Dec 2022 (Saturday) 17:00 p.m. – 18:30 p.m.	HKAGE	2 Dec 2022	
F1SSG005W 14 Jan 2023 (Saturday) 14:00 p.m. – 15:30 p.m.	Zoom*	30 Dec 2022	
F1SSG006W 25 Feb 2023 (Saturday) 11:00 a.m. – 12:30 p.m.	HKAGE	10 Feb 2023	

* The Zoom Meeting ID and passcode will be sent to student members by email before the talk.