



F1SSG001W  
F1SSG002W  
F1SSG003W

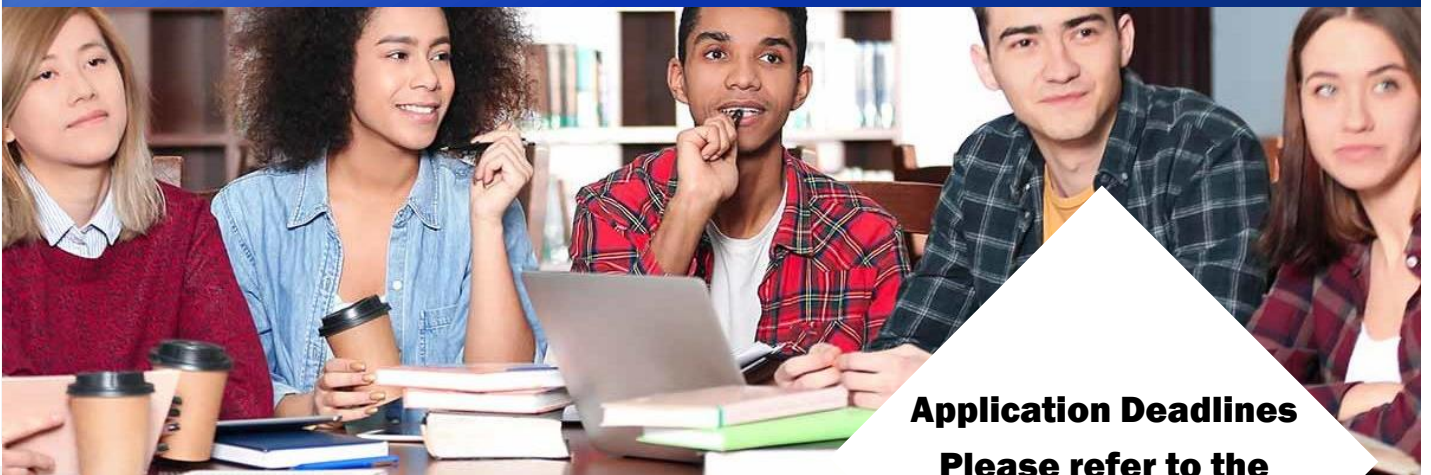
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## Workshop / Introductory Level

### Student Support Group: Psychological Support for Gifted Students to Face Challenges or Difficulties in Multiple Aspects (1) to (3)

Dr LAU Kai Cheung Richard, Clinical Psychologist, HKAGE

Ms CHOI Man Ting Violet, Educational Psychologist, HKAGE



**Application Deadlines**  
**Please refer to the**  
**“Workshop Important**  
**Dates”**

### **Intended Learning Outcomes**

Upon completion of the programme, student members should be able to:

1. acquire skills for facing difficulties or challenges in different circumstances;
2. be supported with counselling or consultation services provided by HKAGE's professional psychologist, practising skills for facing difficult circumstances;
3. build positive interaction with other gifted students using appropriate methods; and
4. build a network with other gifted students and support each other.



## ◆ Introduction

Although gifted students perform very well in many aspects, they, like non-gifted students, also need to master appropriate methods to deal with challenges and difficulties in all areas of life, so they can effectively overcome their challenges or difficulties. This series of support groups aims to provide professional group counseling and psychological support to our student members. Our psychologists will encourage students to share the challenges and difficulties they face in the group. Students not only can refer to the coping methods adopted by other students but can also receive group counseling and professional advice to face their difficulties. Although the theme of each session is the same, based on the principle of group dynamics, the interaction effect will be different, and the questions to be raised, discussed, and answered by participants and instructor in each session will also be different. Therefore, applicants may register for one or more sessions at their own discretion.

## ◆ Profiles of Instructors

Dr Richard LAU is a Member of the Register of Clinical Psychologists accredited by the Department of Health. For more than ten years, Dr LAU has developed many training programmes for the gifted population and their parents in various private or non-government organisations in Hong Kong.

Ms Violet CHOI is a Member of the Register of Educational Psychologists accredited by the Department of Health. She has served various schools in the U.S. and Hong Kong, providing consultation, counselling, small group instruction, and seminars to students, parents, and teachers. Ms CHOI strives to apply her expertise in mental health, learning, and behaviour, to help children and youth succeed academically, socially, behaviourally, and emotionally.

## ◆ Target Participants

- HKAGE P4 – S6 student members in 2022/23 school year only
- Capacity of each workshop: 25 (face-to-face mode); 40 (Zoom mode)

\* First-come-first-served

## ◆ Pre-requisite

No special prerequisites are needed

## ◆ Medium of Instruction

Cantonese

## ◆ Certificate

E-Certificate will be awarded to participants who have attended the lesson and shown active participation in class activities.



## ◆ Important Dates

Date	Venue	Application Deadline	Please return the "Confirmation Slip" no later than three working days after you applied for the class
F1SSG001W 24 Sept 2022 (Saturday) 17:00 – 18:30	Zoom*	9 Sept 2022	
F1SSG002W 15 Oct 2022 (Saturday) 16:00 – 17:30	HKAGE	30 Sept 2022	
F1SSG003W 26 Nov 2022 (Saturday) 17:00 – 18:30	Zoom*	11 Nov 2022	

\* The Zoom Meeting ID and passcode will be sent to student members by email before the talk.