



E1STM001C

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Food Science Course (Level I)

Food Science in Daily Life

Mr. Felix Tse
(Science World Limited)



Application Deadline
19 Aug 2022 12:00
noon

Intended Learning Outcomes

Upon completion of the programme, participants should be able to:

1. describe energy and seven nutrients specified on labelling (1+7 nutrition labelling);
2. state the science concepts behind food processing;
3. create some molecular gastronomy such as fruit juice spaghetti and fruit juice caviars;
4. critically reflect the impacts of obesity on the social issue.



◆ Introduction

Food is our source of nutrition. Food Science will introduce basic science knowledge, enhancing students' understanding of food nutrition. The course will also introduce 7+1 nutrition label and various nutrition labels. At the same time, students will learn to make onsen tamago, butter, ice cream and fruit juice spaghetti.

◆ Schedule

Session	Date	Time	Venue
1	15 Oct	9:00 a.m. – 12:00 noon 1:00 p.m. – 4:00 p.m.	HKAGE (TBC)
2			
3	22 Oct		
4			
5	29 Oct	9:00 a.m. – 12:00 noon	

◆ Target Participants

- P4 to P6 HKAGE student members only in 2022/23 school year
- Class size: 35
- First-come-first-served.

◆ Pre-requisite

No special prerequisites are needed

◆ Medium of Instruction

Cantonese with Chinese handouts

◆ Certificate

E-Certificate will be awarded to participants who have:

- attended at least 4 sessions; AND
- completed all the assignments with satisfactory performance