



F1SGG001G, F1SGG002G, F1SGG003G

F1SGG004G, F1SGG005G

[\(Token- required\)](#)

Student Support Group:

Psychological and Emotional Support for Facing Unexpected Circumstances (I) to (V)

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Intended Learning Outcomes

Upon completion of the programme, participants should be able to:

1. acquire skills for facing unexpected circumstances;
2. be supported with counselling or consultation services provided by HKAGE's professional psychologist, practising skills for facing unexpected circumstances;
3. build a positive relationship with their family (or friends) using appropriate methods; and
4. build a network with other gifted students and support each other.



◆ Introduction

Hong Kong people have been facing the turmoil of the COVID-19 epidemic since 2019. During this period, students have been losing valuable opportunities to interact with friends, classmates and teachers, they also have lost face-to-face skills assessment or academic examinations that might be very important to them. Due to the 5th wave of the pandemic, parents and students are facing even more unexpected circumstances right now. Therefore, this series of support group is designed to provide timely psychological and emotional support for students during this summer vacation so that students who participate in this support group know how to face these circumstances with adequate skills and a healthy psychological well-being. **Although the theme of each session is the same, based on the principle of group dynamics, the interaction effect will be different, and the questions to be raised, discussed, and answered by participants and instructor in each session will also be different. Therefore, applicants may register for one or more sessions at their own discretion.**

◆ Schedule

Session	Date (Tue)	Time	Mode	Application Link for Each Session	Deadline of Application
1	8 Mar			https://hkage.org.hk/b5/student/Registration/courses/courseLogon2.php?pid=4582	6 Mar
2	15 Mar	4:00 p.m.	Zoom Meeting	https://hkage.org.hk/b5/student/Registration/courses/courseLogon2.php?pid=4583	10 Mar
3	22 Mar	-		https://hkage.org.hk/b5/student/Registration/courses/courseLogon2.php?pid=4584	17 Mar
4	29 Mar	5:30 p.m.		https://hkage.org.hk/b5/student/Registration/courses/courseLogon2.php?pid=4585	24 Mar
5	12 Apr			https://hkage.org.hk/b5/student/Registration/courses/courseLogon2.php?pid=4586	7 Apr

◆ Target Participants

- HKAGE student members only.
- Class size: 60
- * First-come-first-served.

◆ Pre-requisite

- No special prerequisites are needed

◆ Medium of Instruction

- Cantonese

◆ Certificate

- E-Certificate will be awarded to participants who complete the activity.