



**Experience from ABC (adventure-based counseling activities):
Team Dynamics Leadership Training**

29 January - 12 March 2011

Co-organiser: Chinese YMCA of Hong Kong

This course on team dynamics aims to enhance leadership, interpersonal and intrapersonal skills of gifted students. It includes a series of lectures/ workshops plus a 2 day-2 night training camp on topics including group formation and development, effective communication and interpersonal support, conflict resolution and adversity management. Through lectures, interactive activities and adventure-based counseling activities (low event training), participants will gain a deeper understanding on team dynamic knowledge and skills. Participating students are required to prepare an end-of-program group presentation in the form of a radio drama. For activity details, please refer to the attached schedule.

Programme Details

Intended Learning Outcomes	Upon completion of the program, participants should be able to: 1. demonstrate adaptive leadership qualities 2. show confident in motivating and managing a team 3. contribute emotional and physical support to enhance team efficiency 4. apply knowledge and skillful response in conflict resolution 5. enhance interpersonal and communication skills
Date and Time	Lecture & Workshop: 29 Jan, 1 Feb & 12 Mar 2011 Training Camp: 11-13 Feb 2011 Group Presentation Preparation Period: 14 Feb – 11 Mar 2011 <i>* Please refer to the attached schedule for details.</i>
Venue	Lecture/ Workshop: Kowloon Centre, Chinese YMCA of Hong Kong, 23 Waterloo Road, Yau Ma Tei, Kowloon (Yau Ma Tei MTR Exit A2) Training Camp: YMCA Wu Kwai Sha Youth Village Ma On Shan, NT
Target Participants	S1 to S3 student members
Quota	35

Medium of Instruction	Cantonese with printed materials in Chinese and English
Course Requirement	<p>Certificate of Completion will be awarded to participants who are able to fulfill all the course requirements which include:</p> <ul style="list-style-type: none"> ❖ Achieving an attendance rate of not less than 4 sessions (including the Training Camp) and ❖ Participating in the Training Camp and Group Presentation Seminar with satisfactory performance.
Course Fee	Free of charge
Application Procedure & Deadline	<ul style="list-style-type: none"> ❖ Students should complete the Online Application Form (http://hkage.org.hk/en/sz_programmes.html?le=open) on or before 20 Jan 2011 (Thu). Late application will not be considered. ❖ Application result will be announced by email. Applicants who have not received email by 24 Jan 2011 (Mon) should contact the HKAGE by phone on 3698 3504. No further notification will be made. ❖ Successful applicants should complete a “Confirmation Slip” and faxed to the Academy before 25 Jan 2011 (Tue).
Enquiry	For enquiries, please contact Ms Yip at 3698 3500 or Ms Ho at 3698 3504.

Schedule

Session	Date and Time	Content/ Topic(s)	Venue
Session 1	29/01/2011 (Sat) 10:00-13:00	<u>Workshop</u> Interactive activities on group formation and development	Kowloon Centre Chinese YMCA of Hong Kong
Session 2	29/01/2011 (Sat) 14:00-17:00	<u>Lecture</u> Leadership and communication skills	Kowloon Centre Chinese YMCA of Hong Kong
Session 3	01/02/2011 (Tue) 14:00-17:00	<u>Workshop</u> Group exercise on team building, collaboration and team management	Kowloon Centre Chinese YMCA of Hong Kong
Training Camp (2 day-2 night)	11/02/2011 17:00 - 13/02/2011 16:00	<u>Adventure-based Counseling activities</u> Challenging tasks and low event training on conflict resolution and team synergy development <u>Lecture</u> Group stress management and group development process	*Gathering in Kowloon Centre at 17:00 for departure YMCA Wu Kwai Sha Youth Village
Group Presentation Preparation Period	14/02- 11/03/2011	(meetings may be arranged among group members and tutors for the preparation of their end-of-program group presentation)	Kowloon Centre Chinese YMCA of Hong Kong
Session 4	12/03/2011 10:00-13:00	<u>Students' Presentation</u> <u>Conclusion and Reflection</u>	Kowloon Centre Chinese YMCA of Hong Kong

- ❖ **Kowloon Centre Address:**
Chinese YMCA of Hong Kong, 23 Waterloo Road, Yau Ma Tei, Kowloon
- ❖ **YMCA Wu Kwai Sha Youth Village Address:**
Ma On Shan, NT