

**Project Twice Exceptional**

**‘Stretching the Potential’ Parent-child parallel group**

Date and Time	Target Group
12 Sessions on Saturdays from February to May (refer to course schedule below for details); 2:30 – 4:30 pm	Gifted ADHD (attending P4 – P6) <b>AND</b> their parents *
<i>* Priority will be given to parents who have participated in the focus group interview of the Project Twice Exceptional in July 2009.</i>	

- Venue** : Rm 301, 3/F, HKICC Lee Shau Kee School of Creativity, 135 Junction Road, Kowloon (All sessions)  
 Rm303, West Block, Kowloon Tong Education Services Centre, 19 Suffolk Road, Kowloon Tong, Hong Kong (for the session on 27/2 only)
- Speaker and Facilitator** : Dr Winnie Keung Clinical Psychologist  
 Ms Eliza Lau Clinical Psychologist
- Course Description** : The purpose of this parent-child parallel group is to enhance the parents’ knowledge and skills in nurturing their twice exceptional children. The group will cover topics like understanding the gifted ADHD children, implementing behavioral modification plan and working on the executive functioning skills of the gifted ADHD children. Pre- and post- assessment will be conducted.
- Expected Outcomes** : Upon completion of this group, parents of gifted ADHD children should be able to:
- Understand the characteristics of their children
  - Know strategies to communicate and manage their children
  - Learn how to cope with the developmental challenges of their children
- And the gifted ADHD children should be able to:
- Develop self awareness and a positive self concept
- Course Format** : Activities include lecture, group discussion, role play and extended assignments
- Course Schedule** : 20/2\*, 27/2, 6/3\*, 13/3, 20/3, 27/3\*, 3/4, 10/4\*, 17/4, 24/4\*, 1/5, 8/5\* (12 sessions)

\*sessions that BOTH the parents AND the children have to attend

*together, whereas other sessions are for parents ONLY*

- Medium of Instruction** : Cantonese
- Course Fee** : Free of charge (Funded by The Hong Kong Academy for Gifted Education)
- Registration Information** : Parents are to apply through the online registration system on the HKAGE website
- Deadline for Registration** : **25 January 2010 (Mon) 5:00p.m.**  
Note: Priority will be given to parents who have participated in the focus group interview of the Project Twice Exceptional.  
Registrants will be notified of the outcome by early February through email.
- Enquiry** : Tel.:36984025 [ps@hkage.org.hk](mailto:ps@hkage.org.hk)
- Award** : A Certificate of Completion will be awarded to participants who are able to achieve an attendance rate of not less than 80%.

**Brief introduction to Speaker:***Dr Winnie Keung*

Winnie Keung received her Psy.D from the Institute for Graduate Clinical Psychology, Widener University in 2003. Her dissertation topic was “A Cross-Cultural Study of Individualism/Collectivism and its Relationship to the Experience and Expression of Anger among Asian and American College Students.”

Dr. Keung has been working in the field of clinical psychology in Hong Kong for about 7 years. She had previously worked in the Student Health Service, Child Assessment Services of the Department of Health, and the Student Counselling and Development Service of the Chinese University of Hong Kong.

Dr. Keung is experienced in conducting psychoeducational assessment, providing psychological treatments for various learning, emotional and behavioural problems. During her training in USA, she had worked in various community mental health centres, providing outpatient psychological services to children, adolescents and adults suffering from various conditions, such as depression, anxiety, posttraumatic stress disorder and psychosis.

*Ms Eliza Lau*

Ms. Lau's specialty is in child and adolescence psychological assessment and intervention. She is familiar with treating children with special needs namely, attention problems, hyperactive and impulsive problems, social skills deficit, brain injury (e.g. epilepsies, brain trauma, brain tumor). Ms. Lau aims at providing individualised tailor-made support programmes for parents and children who would like to maximize their potentials and excel in the demanding learning environment in Hong Kong.

She has been working with children and adolescents for 10 years. She previously worked in the Department of Health, Child Assessment Services (1999-2007). In the past 5 years, she has been the clinical supervisor for clinical psychologist trainees. In September 2004, she participated in an attachment service in the Royal Children Hospital in Melbourne, Australia.